

# Mabel Cops Track Title

DECORAH, Iowa — Mabel, behind the sparkling effort of sprinter Rick Ruehmann, unseated Spring Valley as the District One track champion Thursday.

With Ruehmann setting one record, tying another and winning three events, Mabel piled up 49 points to only 33 for Spring Valley. Rushford had 22, Lanesboro 19, Houston 15, Chatfield and Caledonia 14, Peterson and Harmony 13, Preston 11 and La Crescent 7.

Ruehmann blazed the 440-yard distance in 52 seconds flat to set one of three records which were re-established in the meet. The Mabel ace also tied another record, legging the 100-yard dash in 10.3 seconds in the preliminaries. He won the 100 with a 10.4 effort in the finals.

His third triumph came in the 220-yard dash where he was clocked in 23.5 seconds.

Mabel's mile relay team captured another record, clocking 3:40.6 in the race. Charles Johnson, Paul Tollefson, Randy Snell and Kim Loftsgaarden were the relay team members.

The third standard to fall went to Houston's dandy miler Bruce Carrier. Carrier ran away from the pack in recording a 4:37.2 mile, over seven seconds better than the record he set last year.

Mabel will carry a strong contingent into the Region One track meet at Austin Saturday, June 4. The Wildcats will be represented in seven events plus a relay. Spring Valley qualified in four events and a relay, while Lanesboro made it in three events.

Houston, Rushford and Harmony qualified thincads in two events, while Preston, Chatfield, Peterson and Caledonia qualifeid one each.

TEAM TOTALS: Mabel 49; Spring Valley 33; Rushford 22; Lanesboro 19; Houston 15; Chatfield 14; Caledonia 14; Peterson 13; Harmony 13; Preston 11; La Crescent 7; Spring Grove 0; Wykoff 0.

Discus: 1. Roger Reusink (SV); 2. Erickson (R); 3. Haar (Cal); 4. Agrimson (Pete); 5. King (Chat); D—138-11½.  
Pole Vault: 1. Kim Loftsgaarden (M); 2. Jergenson (SV); 3. Agrimson (Pete); 4. Roland (Chat); 5. Haslelet (Pete); H—11-6.

880-Yard Dash: 1. Stuart Askro (L); 2. Snell (M); 3. Carrier (Hous); 4. Scott (Chat); 5. Breitenbach (SV); T—2:07.9.

440-Yard Dash: 1. Rick Ruehmann (M); 2. Thavaold (Pres); 3. Johnson (M); 4. Kocher (L); 5. Breitenbach (SV); T—52.0. (New record; old record :53.5 by Jim Abraham, Houston, 1952.)

100-Yard Dash: 1. Bruce Carrier (Hous); 2. Ellis (Chat); 3. Hein (M); 4. Hallevig (Pete); 5. Scrabeck (Harm); T—4:37.2. (New record; old record 4:44.3 by Carrier, Houston, 1965.)

220-Yard Dash: 1. Gerald Agrimson (Pete); 2. Reusink (SV); 3. Haar (Cal); 4. Erickson (R); 5. Merritt (M); D—45-9.

Long Jump: 1. Jeff Bunke (R); 2. Engen (M); 3. Reusink (SV); 4. Moor (Harm); 5. Botcher (Hous); D—19-5.

High Jump: 1. Derrick Dalen (M); 2. Schrock (Harm); 3. Hall (Pres); 4. Palmquist (Hous); 5. Berning (Harm); H—5-6.

100-Yard Dash: 1. Rick Ruehmann (M); 2. Palmquist (Hous); 3. McGhie (SV); 4. Kopperud (R); 5. Hall (Pres); T—10.4.

Low Hurdles: 1. Jon Ask (Cal); 2. Gardner (L); 3. Tollefson (M); 4. Michener (SV); 5. Judd (Chat); T—21.05.

100-Yard Dash: 1. Rick Ruehmann (M); 2. McGhie (SV); 3. Hall (Pres); 4. Kopperud (R); 5. Kirwin (SV); T—10.4. (Ruehmann tied record of :10.3 set by Connie Vreeman, Wykoff, 1963, in preliminaries.)

High Hurdles: 1. Brian Gardner (L); 2. Moor (Harm); 3. Ask (Cal); 4. Haugen (L); 5. Johnson (M); T—1:18.43.

Mile Relay: 1. Mabel (Charles Johnson, Paul Tollefson, Randy Snell, Kim Loftsgaarden); 2. La Crescent; 3. Rushford; 4. Chatfield; 5. Harmony; T—3:40.6. (New record; old record 3:42.75 by Mabel, 1965.)

880-Yard Relay: 1. Spring Valley (Steve McGhie, Dan Michener, Bob Howard, Mark Kirwin); 2. Rushford; 3. La Crescent; 4. Chatfield; 5. Lanesboro; T—1:37.1.